



Altenheim
Family-first Senior Living
from CarDon



A True Sense of Community

Nestled on 32 beautiful acres, Altenheim has just what you are looking for in a full-service retirement community. Relax in your lovely apartment or garden home and discover the perfect mix of tradition and modern conveniences – with an extended family of friends and neighbors who enjoy the simpler things in life. Or, if you find yourself in need of short-term rehabilitation or long term care, choose Altenheim and you will discover a charming setting and care that is unmatched in the area.

Altenheim is surrounded by lush lawns and plenty of space for walking trails, patios, a stocked fishing pond and picnic area – a nature lover's paradise! If indoor living is more your taste, you may enjoy the full library, inviting sunroom, gift shop and chapel. And the social calendar is filled with events and activities to accommodate a wide variety of tastes!

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3525 E. Hanna Ave.
Indianapolis, IN 46237
(317) 788-4261
www.AltenheimSeniorLiving.com

ALT-BR-0517



Putting family first in all that we do:

- Garden Homes
- Independent Living Apartments
- Assisted Living
- Rehabilitation
- Long Term Care

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Garden Homes

The Gardens Services and Amenities Include:

- Spacious 2 and 3-bedroom garden homes with attached garage, walk-in closets and patio
- Washer and dryer
- Central heat and air conditioning
- One complimentary meal per day
- Bi-weekly housekeeping
- Lawn and home maintenance
- Snow removal
- Sewer and water fees
- Garbage removal
- Monthly Wellness Clinic
- Emergency response system
- All utilities (except telephone and cable TV)
- Scheduled transportation for outings and medical appointments
- Access to social, cultural and educational programs and activities



Independent & Assisted Living

Residential services and amenities include:

- Private apartment homes including microwave and small refrigerator
- Three meals per day served restaurant style in our dining room
- All utilities (except telephone and cable TV)
- Complimentary WiFi
- Weekly housekeeping and flat linen service
- Complimentary laundry facilities
- Nursing service available 24-hours per day, 7 days a week
- 24-hour emergency call service
- Individualized assessment and development of personalized care plan as needed
- Daily social events and programs
- On-site health care clinic
- Monthly Wellness Clinic
- Transportation to scheduled events and activities
- Beauty and barber shop
- Recreation room with full kitchen for dining and special parties
- Gift shop
- Sunroom and lounges throughout the campus



Short-term Rehabilitation & Skilled Nursing

Enabling residents to reach an optimal level of functioning is the goal of our short-term rehabilitation program. When long term care is needed, our skilled nursing services continue to focus on meeting each resident's individual needs.

Rehabilitation Services Include:

- Private suites including private bath and shower
- Three delicious meals daily, plus snacks
- Individualized care assessment and personalized care plan
- Physical, speech, occupational and respiratory therapies
- Large therapy gym
- Home transition area
- Complimentary WiFi
- Innovative Nurse Call System
- Daily planned activities and programs
- Medicare, Medicaid, and most insurances accepted



Family-first Senior Living

Family-first is our philosophy at Altenheim, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout south-central Indiana, Altenheim encourages family members to become involved with each resident's personal care plan.

We ensure a better quality of life each day for our residents, by treating them as we would our own loved ones. So regardless of needs, every individual is able to get the most out of each day.



The CarDon family:
Kathy, Stephen, Dan and David